

*Success is born of action...*



**PIONEER ACADEMY™**

*For Competitive Examinations*

**CAPF**

**INFORMATION BOOKLET**

**PUNE ACADEMY :**

204/5, 304/5, 2<sup>nd</sup> & 3<sup>rd</sup> Flr., Pinnacle Prestige, Above Cosmos Bank, Opp. Maharashtra Electronics, Tilak Road, Sadashiv Peth, Pune - 411 030

**Mob.: 9145339324 / 9145339325**

**THANE ACADEMY :**

201/202/203/204, 2<sup>nd</sup> Flr., Laizer Arcade, Raghoba Shankar Road, Chendani, Thane(W) - 400 601.

**Mob.: 8850837306 / 8928166732**

**ANDHERI ACADEMY :**

3<sup>rd</sup> Flr., Syndicate Chamber, Above Vaibhav Restaurant, Next To Better Home Hotel, Opp. Andheri (E) station, Andheri(E) - 400 601.

**Mob.: 9867041646 / 9324773854**

**DADAR ACADEMY :**

306/7/8, 3<sup>rd</sup> Flr., Blue Pearl Society, Senapati Bapat Road, Plot No. 14, Near Janata Cloth Market, Near Dadar Railway Station, Dadar (W), Mumbai - 400 028

**Mob.: 7715013830 / 9324169627**

**KALYAN ACADEMY :**

2<sup>nd</sup> Flr., Suyash Plaza, Opp. Railway Station, Near Deepak Hotel, Kalyan (W) - 421 301

**Mob.: 8591470467 / 8169140960**

**PIMPRI-CHINCHWAD ACADEMY :**

45, 3<sup>rd</sup> Flr., Kunal Plaza, Mumbai Pune Road, Chinchwad Station Road, Pimpri-Chinchwad - 411 019

**Mob.: 9975459324 / 9503459325**

**NERUL ACADEMY :**

16, 20 & 21, 1<sup>st</sup> Flr., Om Surya complex, Opp. Nerul Railway station, Beside Abhudaya Bank , Sector 15, Nerul (E), Navi Mumbai - 400 707

**Mob.: 9321287241 / 9321289027**

**BORIVALI ACADEMY :**

313/314, 3<sup>rd</sup> Flr., V Star Plaza, Chandavarkar Rd., Near Saraswat Bank, Sundar Nagar, Borivali (W), Mumbai - 400 092

**Mob.: 9653304874 / 9321249713**

**SATARA ACADEMY :**

Digvijay Building, 2<sup>nd</sup> Floor, Opp. S.T. Stand, Market Yard, Plot No. 13, Satara - 415 001

**Mob.: 74474 69324 / 25**

**ONLINE :**

301, Shivkrupa Commercial Complex, Thane - 400 602

**Mob.: 91375 41508**

Email : [pioneeracademypace@gmail.com](mailto:pioneeracademypace@gmail.com) | Website: [www.pioneeracademypace.com](http://www.pioneeracademypace.com)

# PIONEER ACADEMY™

*For Competitive Examinations*

## ABOUT CAPF

### CENTRAL ARMED POLICE FORCES (ASSISTANT COMMANDANTS) EXAMINATION

The Central Armed Police Forces (CAPF) refers to the uniform nomenclature of seven security forces in India under the authority of the Ministry of Home Affairs. They are the

- Assam Rifles (AR),
- Central Reserve Police Force (CRPF),
- Border Security Force (BSF),
- Central Industrial Security Force (CISF),
- National Security Guard (NSG),
- Indo-Tibetan Border Police (ITBP), and
- Sashastra Seema Bal (SSB).

Gazetted Officers in CAPFs are recruited through the Central Armed Police Forces (Assistant Commandants) Examination. The Union Public Service Commission (UPSC) conducted every year a Examination procedure for recruitment of Assistant Commandants (Group A) in the Central Armed Police Forces (CAPF) viz.

- Border Security Force (BSF),
- Central Reserve Police Force (CRPF),
- Central Industrial Security Force (CISF),
- Indo-Tibetan Border Police (ITBP) and
- Sashastra Seema Bal (SSB).

Pune : 9145339324 / 9145339325  
Andheri : 9867041646 / 9324773854  
Kalyan : 8591470467 / 8169140960  
Nerul : 9321287241 / 9321289027  
Satara : 74474 69324 / 25

Thane : 8850837306 / 8928166732  
Dadar : 7715013830 / 9324169627  
PCMC : 9975459324 / 9503459325  
Borivali : 9653304874 / 9321249713  
Online : 91375 41508

Email : [pioneeracademypace@gmail.com](mailto:pioneeracademypace@gmail.com) | Website : [www.pioneeracademypace.com](http://www.pioneeracademypace.com)

# PIONEER ACADEMY™

*For Competitive Examinations*

## **ELIGIBILITY CONDITIONS:**

### **(I) Nationality:**

Candidate must be citizen of India.

### **(II) Sex:**

Both Male and Female candidates are eligible for appointment to the post of Assistant Commandants.

### **(III) Age Limits:**

| Category | Minimum  | Maximum   |
|----------|----------|-----------|
| General  | 20 years | 25 Years  |
| OBC      | 20 years | 28 years. |
| SC/ST    | 20 years | 30 years. |

### **Note:**

- Age considered is always on 1 August of respective notification year.
- Age limit Rage prescribed in respective notification.

### **(IV) Minimum Educational Qualifications:**

A candidate must hold a Bachelor's degree of a University.

## **SELECTION PROCEDURE/SCHEME OF EXAMINATION:**

For Selection of the eligible candidate, All India selection procedure is conducted through Three stages:

- Stage I- Written Examination
- Stage II-Physical Standards/Physical Efficiency Tests and Medical Standards Tests
- Stage III: Interview/Personality Test

**Pune : 9145339324 / 9145339325**

**Andheri : 9867041646 / 9324773854**

**Kalyan : 8591470467 / 8169140960**

**Nerul : 9321287241 / 9321289027**

**Satara : 74474 69324 / 25**

**Thane : 8850837306 / 8928166732**

**Dadar : 7715013830 / 9324169627**

**PCMC : 9975459324 / 9503459325**

**Borivali : 9653304874 / 9321249713**

**Online : 91375 41508**

**Email : [pioneeracademypace@gmail.com](mailto:pioneeracademypace@gmail.com) | Website : [www.pioneeracademypace.com](http://www.pioneeracademypace.com)**

# PIONEER ACADEMY™

*For Competitive Examinations*

## **Stage I- Written Examination:**

The written examination to be conducted by Union Public Service Commission.

| <b>Paper</b> | <b>Subject</b>                           | <b>Nature of Paper</b>        | <b>Marks</b> | <b>(Negative Marking)</b> |
|--------------|--|-------------------------------|--------------|---------------------------|
| Paper I      | General Ability and Intelligence         | Objective (Multiple Answers)  | 250 Marks    | one third (0.33)          |
| Paper II     | General Studies, Essay and Comprehension | Descriptive /Subjective Paper | 200 Marks    | No negative marking.      |

### ***Paper I : General Ability and Intelligence - 250 Marks***

The questions in this paper will be of Objective (Multiple Answers) Type in which the questions will be set in English as well as Hindi.

### ***Paper II : General Studies, Essay and Comprehension - 200 Marks***

In this paper candidates will be allowed the option of writing the Essay Component in English or Hindi, but the medium of Precis Writing, Comprehension Components and other communications/ language skills will be English only.

### **NOTE:**

- There will be minimum qualifying marks separately in each Paper as may be fixed by the Commission in their discretion.
- Paper-I will be evaluated first and evaluation of Paper-II will be done only of those candidates who obtain the minimum qualifying marks in Paper-I.

**Pune : 9145339324 / 9145339325**  
**Andheri : 9867041646 / 9324773854**  
**Kalyan : 8591470467 / 8169140960**  
**Nerul : 9321287241 / 9321289027**  
**Satara : 74474 69324 / 25**

**Thane : 8850837306 / 8928166732**  
**Dadar : 7715013830 / 9324169627**  
**PCMC : 9975459324 / 9503459325**  
**Borivali : 9653304874 / 9321249713**  
**Online : 91375 41508**

**Email : pioneeracademypace@gmail.com | Website : www.pioneeracademypace.com**

# PIONEER ACADEMY™

*For Competitive Examinations*

## **Stage II: Physical Standards/Physical Efficiency Tests and Medical Standards**

### **Tests :(Qualifying Nature-No Marks)**

Candidates who are declared qualified in the written examination will be summoned for Physical Standards/Physical Efficiency Tests and Medical Standards Tests.

#### **1. Physical Standards/Physical Qualifications:**

The minimum requirements for the candidate are as follows:

|               | <b>Men</b>  | <b>Women</b>     |
|---------------|---|------------------|
| <b>Height</b> | 165 cm  | 157 cm           |
| <b>Chest</b>  | 81 cm (unexpanded)<br>(with 5 cm minimum expansion) | (Not applicable) |
| <b>Weight</b> | 50 kg.  | 46 kg.           |

#### **2. Physical Efficiency Tests (PET):**

Those candidates who meet the prescribed Physical Standards, specified in above table, will be put through Physical Efficiency Tests as indicated below :

| <b>Test</b>              | <b>Males</b>            | <b>Females</b>          |
|--------------------------|-------------------------|-------------------------|
| (a) 100 Meters race      | In 16 seconds           | In 18 seconds           |
| (b) 800 Meters race      | In 3 minutes 45 seconds | In 4 minutes 45 seconds |
| (c) Long Jump            | 3.5 Meters(3 chances)   | 3.0 meters(3 chances)   |
| (d) Shot Put (7.26 Kgs.) | 4.5 Meters              | —                       |

#### **NOTE:**

- The Physical Standards/Physical Efficiency Tests and Medical Standards Tests will be conducted under the supervision of a Nodal Authority to be appointed by the Ministry of Home Affairs.
- These tests will be conducted at various centres to be notified after the results of the written examination.
- Appeals will be entertained only against the Medical Standards within 15 days.

**Pune : 9145339324 / 9145339325**  
**Andheri : 9867041646 / 9324773854**  
**Kalyan : 8591470467 / 8169140960**  
**Nerul : 9321287241 / 9321289027**  
**Satara : 74474 69324 / 25**

**Thane : 8850837306 / 8928166732**  
**Dadar : 7715013830 / 9324169627**  
**PCMC : 9975459324 / 9503459325**  
**Borivali : 9653304874 / 9321249713**  
**Online : 91375 41508**

Email : pioneeracademypace@gmail.com | Website : www.pioneeracademypace.com

# PIONEER ACADEMY™

*For Competitive Examinations*

## **Stage III: Interview/Personality Test :(150 Marks)**

Candidates who are declared qualified in the Medical Standards Tests, will be called for Interview/Personality Test to be conducted by Union Public Service Commission. Candidates who are short-listed for Interview/Personality Test, including those shortlisted for Interview/Personality Test provisionally will be issued a Detailed Application Form (DAF) in which among other things, they will be required to indicate their preference of Forces.

**NOTE :** Final Selection / Merit: The merit list will be drawn on the basis of marks obtained by the candidates in the Written Examination (450 marks) and Interview/Personality Test (150 Marks).

## **SYLLABUS OF THE EXAMINATION**

### **Syllabus: Paper I : General Ability and Intelligence (250 Marks)**

The objective type questions with multiple choices in this paper will broadly cover the following areas:

- 1. General Mental Ability:** The questions will be designed to test the logical reasoning, quantitative aptitude including numerical ability, and data interpretation.
- 2. General Science:** The questions will be set to test general awareness, scientific temper, comprehension and appreciation of scientific phenomena of everyday observation including new areas of importance like Information Technology, Biotechnology, Environmental Science.
- 3. Current Events of National and International Importance:** The questions will test the candidates' awareness of current events of national and international importance in the broad areas of culture, music, arts, literature, sports, governance, societal and developmental issues, industry, business, globalisation, and interplay among nations.
- 4. Indian Polity and Economy:** The questions shall aim to test candidates' knowledge of the Country's political system and the Constitution of India, social systems and public administration, economic development in India, regional and international security issues and human rights including its indicators.

**Pune : 9145339324 / 9145339325**

**Andheri : 9867041646 / 9324773854**

**Kalyan : 8591470467 / 8169140960**

**Nerul : 9321287241 / 9321289027**

**Satara : 74474 69324 / 25**

**Thane : 8850837306 / 8928166732**

**Dadar : 7715013830 / 9324169627**

**PCMC : 9975459324 / 9503459325**

**Borivali : 9653304874 / 9321249713**

**Online : 91375 41508**

**Email : pioneeracademypace@gmail.com | Website : www.pioneeracademypace.com**

# PIONEER ACADEMY™

*For Competitive Examinations*

**5. History of India :** The questions will broadly cover the subject in its social, economic and political aspects. This shall also include the areas of growth of nationalism and freedom movement.

**6. Indian and World Geography:** The questions shall cover the physical, social and economic aspects of geography pertaining to India and the World.

## UPSC CAPF Cut off Mark - Paper I - (Out of 250)

|             | 2018  | 2017   | 2016 | 2015 | 2014 | 2013 |
|-------------|-------|--------|------|------|------|------|
| <b>Gen</b>  | 95.04 | 123.65 | 114  | 111  | 115  | 107  |
| <b>OBC</b>  | 93.66 | 123.65 | 113  | 110  | 114  | 106  |
| <b>SC</b>   | 78.51 | 111.55 | 97   | 95   | 101  | 90   |
| <b>ST</b>   | 76.45 | 109.54 | 97   | 95   | 101  | 91   |
| <b>Ex-S</b> | 25.48 | 38.31  | 38   | 38   | -    | -    |

## Syllabus: Paper II : General Studies, Essay and Comprehension (200 Marks)

**Part-A** – Essay questions which are to be answered in long narrative form either in Hindi or English. (Marks 80)

-The indicative topics are modern Indian history especially of the freedom struggle, geography, polity and economy, knowledge of security and human rights issues, and analytical ability.

**Part-B** – Comprehension, précis writing, other communications/language skills – to be attempted in English only (Marks 120)

-The topics are Comprehension passages, précis writing, developing counter arguments, simple grammar and other aspects of language testing.

Pune : 9145339324 / 9145339325

Andheri : 9867041646 / 9324773854

Kalyan : 8591470467 / 8169140960

Nerul : 9321287241 / 9321289027

Satara : 74474 69324 / 25

Thane : 8850837306 / 8928166732

Dadar : 7715013830 / 9324169627

PCMC : 9975459324 / 9503459325

Borivali : 9653304874 / 9321249713

Online : 91375 41508

Email : [pioneeracademypace@gmail.com](mailto:pioneeracademypace@gmail.com) | Website : [www.pioneeracademypace.com](http://www.pioneeracademypace.com)

# PIONEER ACADEMY™

*For Competitive Examinations*

## UPSC CAPF Cut off Mark-Written Test- (Out of 450) Paper 1 & 2

|               | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 |
|---------------|------|------|------|------|------|------|
| <b>Gen*</b>   | 166  | 206  | 188  | 172  | 190  | 171  |
| <b>OBC*</b>   | 163  | 206  | 187  | 170  | 190  | 165  |
| <b>SC*</b>    | 142  | 189  | 167  | 153  | 180  | 151  |
| <b>ST*</b>    | 136  | 189  | 166  | 149  | 174  | 143  |
| <b>Ex-S**</b> | 58#  | 84   | 80   | 68   |      |      |

\* Subject to a minimum of 25% (50 marks ) in Paper-II

\*\* Subject to minimum of 10% (20 marks) in Paper-II but 15% in aggregate i.e. Paper I+Paper II

## UPSC CAPF Cut off Marks -Last recommended candidates (Out of 600)

|             | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 |
|-------------|------|------|------|------|------|------|
| <b>Gen</b>  | 282  | 316  | 290  | 276  | 294  | 279  |
| <b>OBC</b>  | 281  | 316  | 288  | 274  | 296  | 283  |
| <b>SC</b>   | 255  | 295  | 266  | 251  | 253  | 253  |
| <b>ST</b>   | 251  | 299  | 261  | 245  | 262  | 253  |
| <b>Ex-S</b> | 169  | 183  | 163  | 204  |      |      |

Pune : 9145339324 / 9145339325  
Andheri : 9867041646 / 9324773854  
Kalyan : 8591470467 / 8169140960  
Nerul : 9321287241 / 9321289027  
Satara : 74474 69324 / 25

Thane : 8850837306 / 8928166732  
Dadar : 7715013830 / 9324169627  
PCMC : 9975459324 / 9503459325  
Borivali : 9653304874 / 9321249713  
Online : 91375 41508

Email : [pioneeracademypace@gmail.com](mailto:pioneeracademypace@gmail.com) | Website: [www.pioneeracademypace.com](http://www.pioneeracademypace.com)